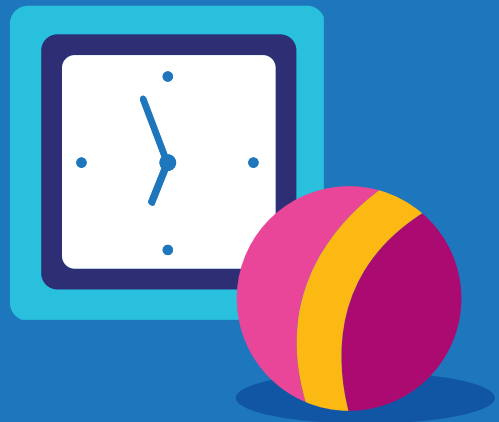


3 top tips for virtual learning

1

Keep a schedule, including breaks

Create and stick to a schedule that includes sleep, school, meals, time outside and a little fun!



2

Create a special learning space (or two!)

Get organized and have some fun! You don't have to spend a fortune to make the space special. Use stickers, your child's artwork and other school-related items to make their space special.

3

Give your child and yourself, some grace!

Be flexible and know you're not alone! Be open to talking about what's going well and where you can make changes.

