\_\_ Eugene Monasterio, MD \_\_ Jessica Hupe, MD \_\_ Katherine Dec, MD \_\_ Kimberly Skelton, DO

\_\_ Mary Caldwell, DO \_\_ Olivier Rolin,MD, PhD \_\_ Russell Lacey, MD

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DOB:\_\_\_\_\_\_\_\_\_\_\_ has been diagnosed with a Brain Injury/Concussion. Current examination suggests accommodations checked below are medically recommended to facilitate healing. Please share these with the student’s academic team and monitor the student’s progress via grades and “verbal check-ins” weekly or as needed.

This student is medically released to return to school: \_\_\_\_\_\_without accommodations \_\_\_\_\_ with accommodations (see below)

\_\_\_The Student is medically released to participate in full practices and games, **and** has completed a return to play progression.

|  |
| --- |
| Accommodations |
| **School Schedule** | \_\_\_Full-time attendance as tolerated\_\_\_Part-time attendance as tolerated (family and school personnel should communicate on schedule) \_\_\_ Half Day \_\_\_ Mornings Only \_\_\_ Afternoons Only\_\_\_ Recommend allowed to attend an alternate to the following classes: \_\_\_ Band/Orchestra \_\_\_ P.E. \_\_\_ Music \_\_\_ Shop  \_\_\_ Driver’s Education Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Allow additional time in between classes and be cautious of stairs\_\_\_ Assist with review of planner and due dates regarding assignments/testing\_\_\_ Allow additional time in between classes for movement to/from class |
| **In the Classroom** | \_\_\_ Sit in front of the room \_\_\_ Sit away from windows \_\_\_ Work in a quiet, naturally lit environment \_\_\_ May need to shield bright light with sunglasses \_\_\_ Consider audio recording for assistance with learning information from class\_\_\_ Chunk information together for student to assist with comprehension in new concepts\_\_\_ Provide class notes ahead of time or note taker during class if notes are not available ahead of time \_\_\_ Allow student to put head down during class for rest or to move to nurse office for break if symptoms\_\_\_ Provide a locker within easy reach and in close proximity to classes\_\_\_ Avoid computers, tablets, smart boards, and videos\_\_\_ May work on a computer as tolerated with limitations  \_\_\_Reduce screen brightness \_\_\_ With blue light filter \_\_\_ Limit usage to sessions of </=\_\_\_\_\_\_\_min |
| **Testing and Assignments** | \_\_Provide modified assignments with only **essential** work to be completed \_\_ Reduce amount of reading required\_\_ Recommend allowed additional time to complete assignments and tests\_\_ Allow additional time to make up missed assignments and tests\_\_ Extend deadlines for projects or allow chunked gradual submission\_\_ Allow additional breaks \_\_\_ during testing or in-class assignments \_\_Consider open book/ open notes during testing\_\_Provide a separate, quiet room for testing \_\_Limit to one test a day |
| **Physical Activity** | \_\_ No participation in P.E. until further notification (keep away from playing areas to avoid re-injury and limit risky activities at recess)\_\_ Permit self-limitation in P.E.; restrict collision activities; light exercise recommended\_\_The student is medically released to participation in P.E.\_\_ If symptoms and performance does not improve within 4 weeks, please refer for formal accommodations with 504 or committee. |

Additional Explanation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Department of Physical Medicine & Rehabilitation**

**VCU NOW Center Children’s Pavilion**

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Physician Date