\_\_ Eugene Monasterio, MD \_\_ Jessica Hupe, MD \_\_ Katherine Dec, MD \_\_ Kimberly Skelton, DO

\_\_ Mary Caldwell, DO \_\_ Olivier Rolin, MD, PhD \_\_ Russell Lacey, MD

 has been diagnosed with a Brain Injury/Concussion. Current examination suggests accommodations checked below are medically recommended to facilitate healing. Please share these with the student’s academic team and monitor the student’s progress via grades and “verbal check-ins” weekly or as needed.

This student is medically released to return to school: \_\_\_\_\_\_without accommodations \_\_\_\_\_ with accommodations (see below)

|  |  |
| --- | --- |
| Due To: | Accommodations |
|  | \_\_\_Full-time attendance as tolerated\_\_\_Part-time attendance as tolerated (family and school personnel should communicate on schedule) \_\_\_ Half Day \_\_\_ Mornings \_\_\_ Afternoons \_\_\_ Gradual Return (Allow late arrival / early dismiss) |
| **Headaches/****Fatigue/****Cognitive Overload** | \_\_\_ Consider audio recording for assistance with learning information from class\_\_\_ Chunk information together for student to assist with comprehension in new concepts\_\_\_ Provide class notes ahead of time or note taker during class if notes are not available ahead of time \_\_\_ Allow student to put head down during class for rest or to move to nurse office for break\_\_\_ Allow additional breaks during testing or in-class assignments \_\_\_ Provide modified assignments with only **essential** work to be completed \_\_\_ Reduce amount of reading required \_\_\_ Reduce homework volume\_\_\_ Limit to one test a day |
| **Cognitive Processing Speed** | \_\_\_ Recommend allowed additional time to complete assignments, tests, and exams.\_\_\_ Allow additional time to make up missed assignments and tests\_\_\_ Extend deadlines for projects or allow chunked gradual submission |
| **Memory/****Concentration/Organization** | \_\_\_ Assist with review of planner and due dates regarding assignments/testing\_\_\_ Allow for preferential seating in the classroom \_\_\_ Work/test in a quiet environment   |
| **Visual Disturbance/****Sensitivity to Light/ Sensitivity to Noise** |  \_\_\_ Work in a quiet, naturally lit environment when possible \_\_\_ Enlarge print for reading \_\_\_Provide a separate, quiet room for testing \_\_\_ Consider testing or quizzing orally \_\_\_ Limit computers, tablets, smart boards, and videos \_\_\_ May work on a computer as tolerated with limitations  \_\_\_Reduce screen brightness \_\_\_ With blue light filter \_\_\_ Limit usage to sessions of </=\_\_\_\_\_\_\_min\_\_\_ Recommend allowed to attend an alternate to the following classes: \_\_\_ Band/Orchestra \_\_\_ Chorus \_\_\_ Music \_\_\_ Shop \_\_\_ Driver’s Education |
| **Dizziness/****Vestibular Problems** | \_\_\_ Provide a locker within easy reach and in close proximity to classes\_\_\_ Allow additional time in between classes and be cautious of stairs  |
| **Physical Activity****Restrictions** | \_\_ No participation in P.E. until further notification (keep away from playing areas to avoid re-injury and limit risky activities at recess)\_\_ No Contact sports\_\_ Permit self-limitation in P.E.; restrict collision activities; light exercise recommended\_\_The student is medically released to participation in P.E.\_\_The Student is medically released to participate in full practices and games, **and** has completed a return to play progression. |

*\* If symptoms and performance does not improve within 4 weeks, please refer for formal accommodations with 504 or child study committee \**

Additional Explanation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Physician Date

**Department of Physical Medicine & Rehabilitation**