\_\_ Eugene Monasterio, MD \_\_ Jessica Hupe, MD \_\_ Katherine Dec, MD \_\_ Kimberly Skelton, DO

\_\_ Mary Caldwell, DO \_\_ Olivier Rolin, MD, PhD \_\_ Russell Lacey, MD

has been diagnosed with a Brain Injury/Concussion. Current examination suggests accommodations checked below are medically recommended to facilitate healing. Please share these with the student’s academic team and monitor the student’s progress via grades and “verbal check-ins” weekly or as needed.

This student is medically released to return to school: \_\_\_\_\_\_without accommodations \_\_\_\_\_ with accommodations (see below)

|  |  |  |
| --- | --- | --- |
| Due To: | | Accommodations |
|  | \_\_\_Full-time attendance as tolerated  \_\_\_Part-time attendance as tolerated (family and school personnel should communicate on schedule)  \_\_\_ Half Day \_\_\_ Mornings \_\_\_ Afternoons \_\_\_ Gradual Return (Allow late arrival / early dismiss) | |
| **Headaches/**  **Fatigue/**  **Cognitive Overload** | \_\_\_ Consider audio recording for assistance with learning information from class  \_\_\_ Chunk information together for student to assist with comprehension in new concepts  \_\_\_ Provide class notes ahead of time or note taker during class if notes are not available ahead of time  \_\_\_ Allow student to put head down during class for rest or to move to nurse office for break  \_\_\_ Allow additional breaks during testing or in-class assignments  \_\_\_ Provide modified assignments with only **essential** work to be completed  \_\_\_ Reduce amount of reading required \_\_\_ Reduce homework volume  \_\_\_ Limit to one test a day | |
| **Cognitive Processing Speed** | \_\_\_ Recommend allowed additional time to complete assignments, tests, and exams.  \_\_\_ Allow additional time to make up missed assignments and tests  \_\_\_ Extend deadlines for projects or allow chunked gradual submission | |
| **Memory/**  **Concentration/Organization** | \_\_\_ Assist with review of planner and due dates regarding assignments/testing  \_\_\_ Allow for preferential seating in the classroom \_\_\_ Work/test in a quiet environment | |
| **Visual Disturbance/**  **Sensitivity to Light/ Sensitivity to Noise** | \_\_\_ Work in a quiet, naturally lit environment when possible  \_\_\_ Enlarge print for reading \_\_\_Provide a separate, quiet room for testing  \_\_\_ Consider testing or quizzing orally  \_\_\_ Limit computers, tablets, smart boards, and videos  \_\_\_ May work on a computer as tolerated with limitations  \_\_\_Reduce screen brightness \_\_\_ With blue light filter \_\_\_ Limit usage to sessions of </=\_\_\_\_\_\_\_min  \_\_\_ Recommend allowed to attend an alternate to the following classes:  \_\_\_ Band/Orchestra \_\_\_ Chorus \_\_\_ Music \_\_\_ Shop \_\_\_ Driver’s Education | |
| **Dizziness/**  **Vestibular Problems** | \_\_\_ Provide a locker within easy reach and in close proximity to classes  \_\_\_ Allow additional time in between classes and be cautious of stairs | |
| **Physical Activity**  **Restrictions** | \_\_ No participation in P.E. until further notification (keep away from playing areas to avoid re-injury and limit risky  activities at recess)  \_\_ No Contact sports  \_\_ Permit self-limitation in P.E.; restrict collision activities; light exercise recommended  \_\_The student is medically released to participation in P.E.  \_\_The Student is medically released to participate in full practices and games, **and** has completed a return to play progression. | |

*\* If symptoms and performance does not improve within 4 weeks, please refer for formal accommodations with 504 or child study committee \**

Additional Explanation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Physician Date

**Department of Physical Medicine & Rehabilitation**