Benefits of using a spacer to help control asthma

Metered-dose inhaler (MDI) without a spacer

When you use an MDI without a spacer, the medication stays in the mouth and throat, then is swallowed into the stomach. Very little medication reaches the lungs.

Metered-dose inhaler (MDI) with a spacer

When you use an MDI with a spacer, the medication reaches deep into the lungs where it needs to go in order to work.

CHILDREN’S HOSPITAL OF RICHMOND AT VCU

chrichmond.org/UCAN
804-628-UCAN (8226)